Goal for It! Action Plan

Date ....

Do you feel you have so much to do, you just don't have the time to complete it all? Do you feel that adding anything extra on your plate right now will be difficult at this time? Or does it feel like you can't get moving on your goals?

Goal for It! is an action plan tool to create small steps of success in your life. Goal for It! is part of our action plan program that helps you accomplish small purposeful goals so you can complete those little things you've longed to get done.

Success doesn't come overnight; it comes by daily, weekly, and monthly investing in yourself. The best part about it is you will experience is a profound sense of joy once you complete each goal.

What are some of the things you've desired to do and have? What things have you been putting off? Is it household chores? Cleaning out a closet? Vehicle repairs?   Finishing a book? Going to school? Lose 10 pounds? Have extra money for a trip or new outfit?

There are hundreds of little things we put off because we just have no desire to do them, we don't know how to make them happen, or we don't have time to do them. However, when you write your goals down, see a start and complete date, and see the joy you will receive joy when you complete it – there is something that moves us towards completing it.

You can use our Goal for It! in a variety of different ways. You can use it as a daily goal planning, weekly or monthly goal planning or even use it to set major goals that may take longer. Have fun with it, enjoy the progress and the process; and enjoy the joy you will feel as you complete your goal. You deserve to have success in all areas of your life.

After you have completed filling your Goal for It! Action Plan, place it somewhere where you see it throughout the day. It will become that helpful reminder to get you moving forward in the right direction.

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Date ....

No.	Things I want to accomplish: Goal for it action plan...	Start Date?	Complete by?	Actual Completion	Joy I will receive from completion
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					